

soul-centred perspectives

Spirit Release EDUCATION

This stand alone course explores the first steps in Spirit Release Therapy and is open to therapists and individuals interested in this subject

DATES 2012

February 3-5th
June 8-10th
October 12-14th

£210 per person
London venue

www.spiritrelease.com

Training in Spirit Release

The Spirit Release Foundation offers experiential training in both the interactive and intuitive approaches to spirit release. These approaches are complementary to one another.

The Interactive Approach involves putting a client into an altered state of consciousness, through a form of hypnosis, in order to allow any attached spirit to communicate safely through them. A dialogue ensues, in which the spirit is induced to leave.

The Intuitive Approach is made through the psychic awareness of the therapist who learns how to communicate directly with a spirit. This does not necessarily require the active involvement of the client. It may be practised directly or at a distance.

The Foundation Course

This course provides a basic understanding of spirit release. It is open to all and runs over 3 days. Details of the course in Bournemouth/Poole are given in this leaflet.

Please check the website for dates of courses, other locations, costs and booking conditions.

The Foundation Course is an introduction to the subject. We also offer more specific CPD courses for a variety of professions, and also a certificated course for those interested in training to become a spirit release practitioner. Further details may be found on the Foundation's website

www.spiritrelease.com

Foundation Course Content

The course is experientially based and lays the foundation for both the intuitive and interactive methods for freeing trapped or earthbound souls. The programme includes the following:

- o Spirit attachment and spirit release
- o Psychic protection
- o Death, dying and transition
- o Why souls become stuck
- o Demonstration of and exercises in 'earthbound' release
- o Accessing inner guidance
- o Case studies and different aspects of spirit release
- o Psychiatric diagnostic categories including multiple personalities
- o Soul fragmentation and thought forms
- o Differentiating between sub-personalities, earthbound spirits and spirit attachments

Is this course for me?

If you are reading this and are interested, then most probably yes.

Many participants are counsellors, psychotherapists, hypnotherapists or complementary therapists with other qualifications. Others are healers, mediums, psychics or shamanic practitioners. Often they have a sense that some of their clients are "stuck" and they want to find out how to help them. Some people come just for their own personal development.

No prior experience is necessary. The course is self-contained and you will be invited to add to its richness by sharing your own experiences in confidence and in a safe environment.

What is spirit attachment?

A minority of those who die fail to make their transition from this physical world successfully. They become what is known as 'earthbound', because they remain mentally attached to the earth plane and so cannot progress. Reasons for this include a traumatic death, concern over some unfinished business or anxiety for a loved one on Earth. Attached spirits may manifest in a variety of ways. They may attach to a person, or to a place with which they were associated in life, that place becoming haunted.

Some of the more common symptoms that might indicate the presence of an attachment are: lack of energy, memory disturbance, behavioural change, mood change, addictive behaviour, relationship problems and hearing disturbing voices. There may, of course, be other reasons for the presence of these symptoms, which a practitioner should investigate.

What is Spirit Release?

Spirit Release is a two fold process. Firstly it involves **releasing earthbound spirits** from their condition of attachment in a **compassionate, non-confrontational** way, by contacting the spirits and communicating with them. Spirit helpers are then called upon to move the spirit on to its rightful place in the universe. The person who has been affected by the attachment is also offered healing, counselling or other therapeutic help, including advice about **psychic protection**.

Secondly Spirit Release is about **freeing the 'stuck' aspects within ourselves** that invite spirit attachment, which may involve looking at past-life patterns, ancestral karma and any difficult influences that stem from childhood or later life.

Course Details

The Foundation Course lasts 2 1/2 days and is run either over a long weekend or occasionally mid-week. Currently we run courses in London and Bournemouth/Poole. The various dates offered allow for the possibility of joining the Practitioner Training Programme.

(Please note we reserve the right to cancel or amend times, dates and venues.)

Full details, Booking, Terms and Queries: Please see our website www.spiritrelease.com or contact us on 07725 213 707

Please let us know if you are interested but either the dates or the location does not suit. We are open to offering this course in other locations and at other times.

Further Training

Practitioner Training Course in Spirit Release

This revised, experiential, certificated course provides intensive training in Spirit release using both the interactive and intuitive ways of working. It also looks at why a person may be prone to attachments and what else might be the cause of the symptoms of distress. It offers a safe space for personal development and growth. Anyone wishing to participate on the Practitioner Training Course must have attended the Foundation Course. Further details and more detailed requirements can be found on our website.

Continuing Professional Development Courses

Beyond this introductory course we offer more specific CPD courses for a variety of professions, details of which are available on our website.

www.spiritrelease.com

The Spirit Release Foundation

The Foundation (originally The British Association for Spirit Release) was founded in 1999 by a small group of medical and complementary practitioners who felt that the time had come both for a new open approach to spirit release and for the formation of an organisation that would support those who work in this field.

The Foundation's objectives are:

- to enhance health through awareness and understanding of spirit attachment and spirit release as part of soul integration.
- to introduce further awareness and understanding of spirit attachment to both mainstream and complementary healthcare.
- to provide training and support in this field.
- to provide an information service.

Membership is open to all those interested in spirit attachment and spirit release.

What does the Foundation do?

Members share a belief in the primacy of spirit and the soul's development through reincarnation, but the Spirit Release Foundation is not a religious organisation.

It presents workshops, offers training courses, publishes a newsletter, maintains a website and offers insurance for qualified practitioners. It supports practitioners and is a source of information to the public. The Foundation also acts as a forum for those working with spirit release within their therapeutic practices, providing support through members' gatherings and a web discussion group to encourage a wider understanding of this subject.

Contacting the Foundation

For further information about spirit release, training courses or joining the Spirit Release Foundation please visit

www.spiritrelease.com